

NLP for Teaching Assistants



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NEURO LINGUISTIC PROGRAMMING

Creating rapport and positive relationships using body language

The following feedback is taken from a selection of short events that inspired2learn has provided for teaching assistants.

Learning outcomes:

- build rapport with someone using body language
- detect the different ways people are thinking by noticing the non-verbal clues they give
- know how to adapt your behaviour to match those different ways of thinking

Feedback – brief comments from the evaluation sheets

Q - What did you enjoy?

- I tend to be a sceptic but it was fab - thanks
- interaction and presentation was good
- The way I use these techniques without knowing it - thanks
- Clare - lovely, friendly, informative
- the style of presentation was a good mixture
- I liked trying exercises with others
- thinking more about our body language
- the pace at which the session was delivered
- interaction with others and meeting new people
- the way it was delivered
- very interesting and extremely useful
- well planned and presented - good pace
- It was good to consciously use the ideas in role play to see how you can change the rapport between individuals
- very interesting
- good involvement in the session
- atmosphere was relaxed and enjoyable

- explanations were clear and easy to understand and relate to my professional and personal life
- really interesting
- very enjoyable and useful
- role play surprisingly - I hate it usually!
- I was unaware of the impact our body language can convey & portray with other individuals
- there was more questions / example time
- very enjoyable
- variety - kept interest
- very enjoyable and interesting
- very useful - presentation style lively, positive, non threatening, relevant
- not just sat listening for the whole session
- very friendly and made session easy to listen to and take information in
- very enjoyable, laid back attitude of Clare
- good fun
- Interesting stuff :)
- I found it very interesting and I am eager to practice what I have learned with pupils and the outside world
- non threatening involvement of us all
- loved the role play in small groups
- very clear dialogue from the trainer - interesting
- to be able to experience for yourself
- interesting
- role play
- a good reminder of some NLP techniques which will help me do my NLP writing and I'll be more likely to use them regularly

- thoroughly enjoyed - thank you
- very good
- the chance to practice Satir positions

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